

## Sysonby Knoll menus

We offer a daily 10-til-6 menu, lunches and evening meals. The menus below are subject to change, however will give you an idea of the type of food we offer.

For our most up to date menu, please contact reception.

### Lunch menu

Served Monday – Friday 12noon – 2pm.

We also serve Sunday lunches, but this is from a separate menu

### Starters

Classic prawn cocktail (mgf) 6.50

Breaded brie, cranberry & port dip 5.95

Garlic mushrooms, ciabatta toast (v) 5.95

Tomato nachos, cheese & sour cream (v) 5.50

### Main Courses

**Battered cod** 11.25

chips, garden peas & tartare sauce

**Mixed grill** 14.95

steak, lamb chop, gammon, sausage, tomato, onion rings, mushrooms, egg & chips (mgf)

**Medium spiced, fruity chicken curry**, rice & Naan bread 10.95

**Beef & Belvoir bitter pie**, puff pastry top 10.95

With your choice of chips or vegetables & potatoes

**Fish of the week** - please see our full menu in the restaurant 13.25

**Beef lasagne**, salad & garlic bread 10.95

**Chicken dish of the week** – please see our full menu in the restaurant 13.25

**Greek lamb** – mint marinated lamb steak, Greek style salad & flatbread 13.25

**BLT** – classic triple decker BLT on toasted white bread, chips 6.95

**Moroccan style tagine** (vg, mgf) 9.95

Lightly spiced butternut squash, apricot & butter beans, with rice

*Extra side dishes (vegetables & potatoes, chips, salad, garlic bread, onion rings) 2.95*

### Desserts, cheese & coffee

*All our desserts are homemade and may contain traces of nuts - ask for gluten free / vegan options*

Please see our selection in the restaurant 5.10

## Evening Menu

Served Monday – Saturday 6.30pm – 8.30pm  
Sundays to residents only from 6.30pm – 8pm

### Starters

- Classic prawn cocktail (mgf) 6.95
- Breaded brie, cranberry & port dip 5.95
- Garlic mushrooms, ciabatta toast (v) 5.95
- Tomato nachos, cheese & sour cream (v) 5.50

### Main Courses

- Battered cod**, chips, garden peas & homemade tartare sauce 13.50
- Mixed grill** steak (cooked either medium or well done), lamb chop, gammon, sausage, tomato, onion rings, mushrooms, egg & chips (mgf) 16.50
- Medium spiced, fruity chicken curry**, rice & Naan bread 12.50
- Beef & Belvoir Bitter pie** with either chips or vegetables & potatoes 11.95
- Beef lasagne**, salad & garlic bread 11.95
- Fish of the week** - please see our full menu in the restaurant 14.95
- Chicken dish of the week** – please see our full menu in the restaurant 14.95
- Greek Lamb** ~ mint marinated lamb steak, Greek style salad & pitta bread 15.25
- BLT**- classic triple decker BLT on toasted white bread, chips £8.95
- Moroccan style tagine** (vg, mgf) 11.50  
Lightly spiced butternut squash, apricot & butter beans, with rice
- Extra side dishes (vegetables & potatoes, chips, side salad, garlic bread, onion rings)** 2.95

### Desserts, cheese & coffee

*All our desserts are homemade and may contain traces of nuts - ask for gluten free / vegan options*

Please see our selection in the restaurant 5.10

A selection of local cheese & biscuits 7.75

*Please ask for our full selection of tea & coffee*

(v) vegetarian (mv) can be made vegetarian  
(vg) vegan (mv) can be made vegan  
(gf) gluten free (mgf) can be made gluten free

# Sysonby's ten-to-six menu

Available from 10am – 6pm every day

## Hot drinks

- Espresso 1.95 single / 2.40 double
- Americano 2.10 standard / 2.55 large
- Cappuccino 2.65 standard / 3.10 large
- Latte 2.65 standard / 3.10 large  
*All of the above are available decaf*  
Add a flavoured syrup 50p
- Traditional English Tea 1.95  
*also available decaf*
- Earl Grey & Speciality Teas 2.25  
*Please ask for our selection*
- Hot Chocolate 2.50  
*add whipped cream 30p*

## Cold drinks

We have a large selection including Belvoir presses, J20s, lots of gin, prosecco, flavoured ciders. Please just ask for our selection or have a look at the bar

## Treats

- Warm fruit scone – with butter 1.80, with jam, with jam & whipped cream 2.00
- Warm cheese scone – with butter & chutney 2.00
- Chocolate brownie 2.50
- Millionaire's shortbread 2.75
- Carrot cake & frosting 2.75

## Snacks

- Pork pie platter – Dickinson & Morris Pork Pie, bloomer bread, local cheese, pickle 6.95
- Brie, bacon & chilli jam panini 6.95
- Tuna, cheese & chive panini 6.95
- Home boiled ham, cheddar, piccalilli, apple, bloomer bread 6.50
- Smoked salmon, poached egg, Hollandaise, toasted bloomer 7.95
- Houmous, Sundried tomato, Roasted Red Pepper toasted bloomer 6.50
- Baked Brie, red onion chutney & chunky bread 6.25